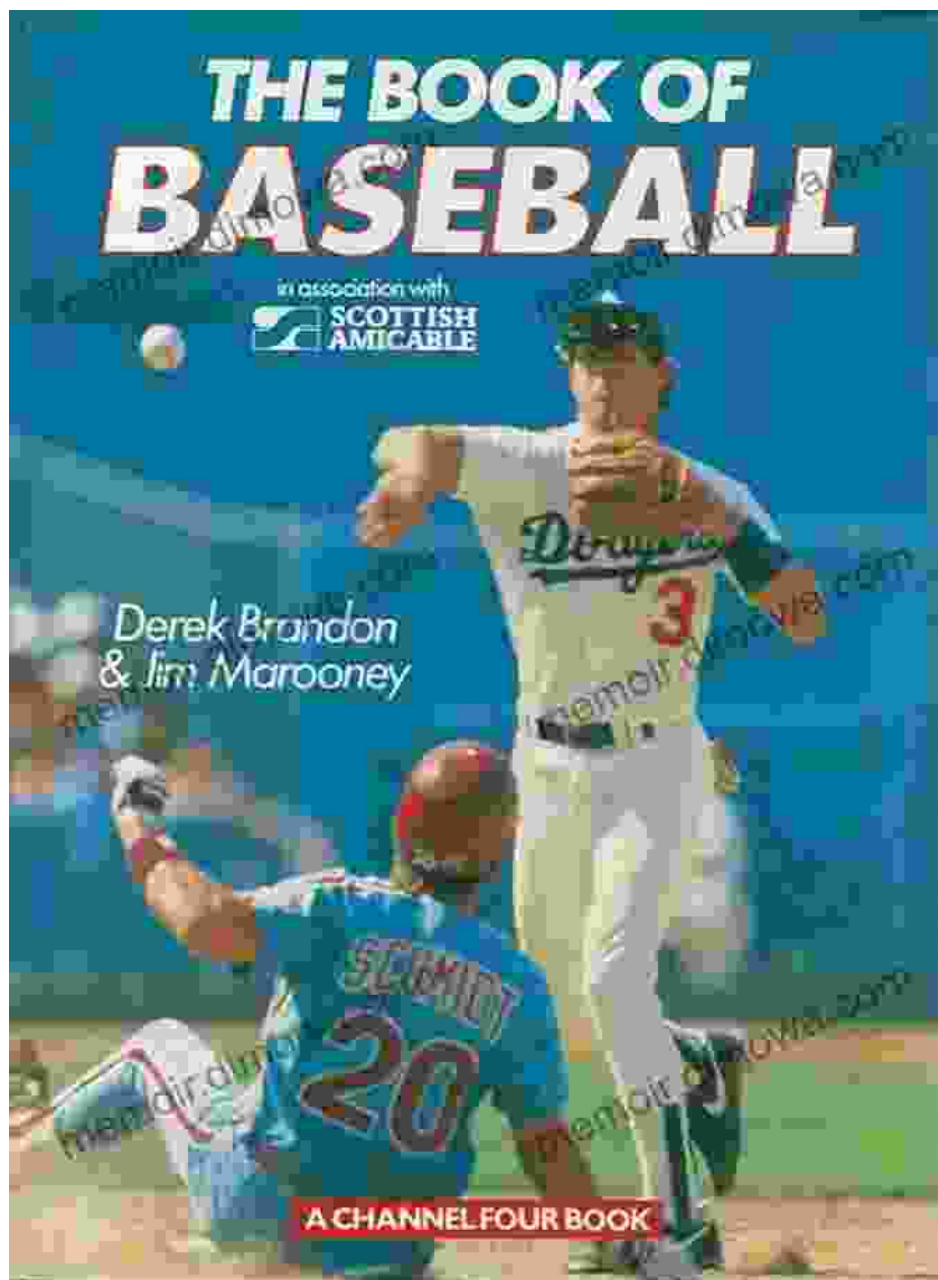


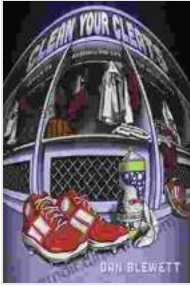
# Advice On Baseball And Life For Ballplayers: An Essential Guide



## Clean Your Cleats: Advice on Baseball and Life For Ballplayers by Dan Blewett

★★★★★ 4.9 out of 5

Language : English



File size	: 3202 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Print length	: 329 pages
Screen Reader	: Supported



Former MLB All-Star outfielder and coach, David Justice, has penned an insightful guidebook for ballplayers of all levels, providing valuable advice on both the game of baseball and life beyond the diamond. In his book, "Advice On Baseball And Life For Ballplayers," Justice draws upon his extensive experience and expertise to offer practical tips and strategies for developing players' skills, mindset, and overall approach to the game.

## **Essential Skills for Ballplayers**

Justice emphasizes the importance of mastering fundamental baseball skills, including hitting, fielding, and pitching. He provides detailed instructions and drills to help players improve their mechanics, timing, and accuracy. Beyond physical skills, Justice also highlights the significance of mental toughness, concentration, and hustle, emphasizing their impact on performance and overall success.



## **Developing a Winning Mindset**

In addition to technical skills, Justice addresses the crucial role of mindset in shaping a ballplayer's career. He encourages players to embrace a positive attitude, stay focused, and learn from their mistakes. Justice emphasizes the importance of setting realistic goals, overcoming adversity, and maintaining a strong work ethic, both on and off the field.



## **Life Beyond Baseball**

While the book primarily focuses on baseball, Justice also recognizes the importance of preparing for life beyond the diamond. He offers guidance on education, career planning, and financial management, encouraging players to develop a well-rounded life and secure their future after their playing days are over. Justice shares anecdotes and insights from his own life experiences, providing valuable lessons on leadership, perseverance, and giving back to the community.



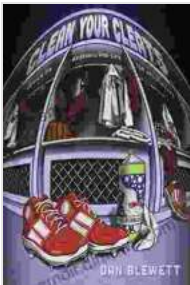
## Endorsements

"Dave Justice's book is an invaluable resource for ballplayers at any level. His insights and advice are practical, inspiring, and essential for anyone who wants to succeed in the game of baseball and in life." - *Mike Schmidt, Baseball Hall of Famer*

"Coach Justice has compiled a treasure trove of wisdom in this book. His guidance on both baseball and life will empower young athletes to reach their full potential." - *Dusty Baker, Manager, Houston Astros*

David Justice's "Advice On Baseball And Life For Ballplayers" is a must-read for anyone who wants to excel in the game of baseball and develop a fulfilling life beyond the diamond. With its comprehensive advice, practical strategies, and inspiring anecdotes, this guidebook is an essential tool for players of all levels, coaches, parents, and anyone passionate about the sport.

Free Download your copy today and take your game and your life to the next level!



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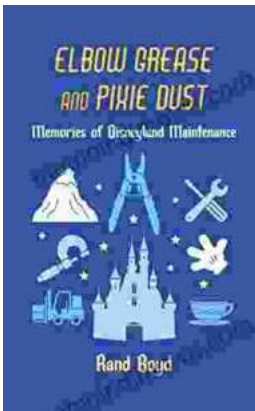
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