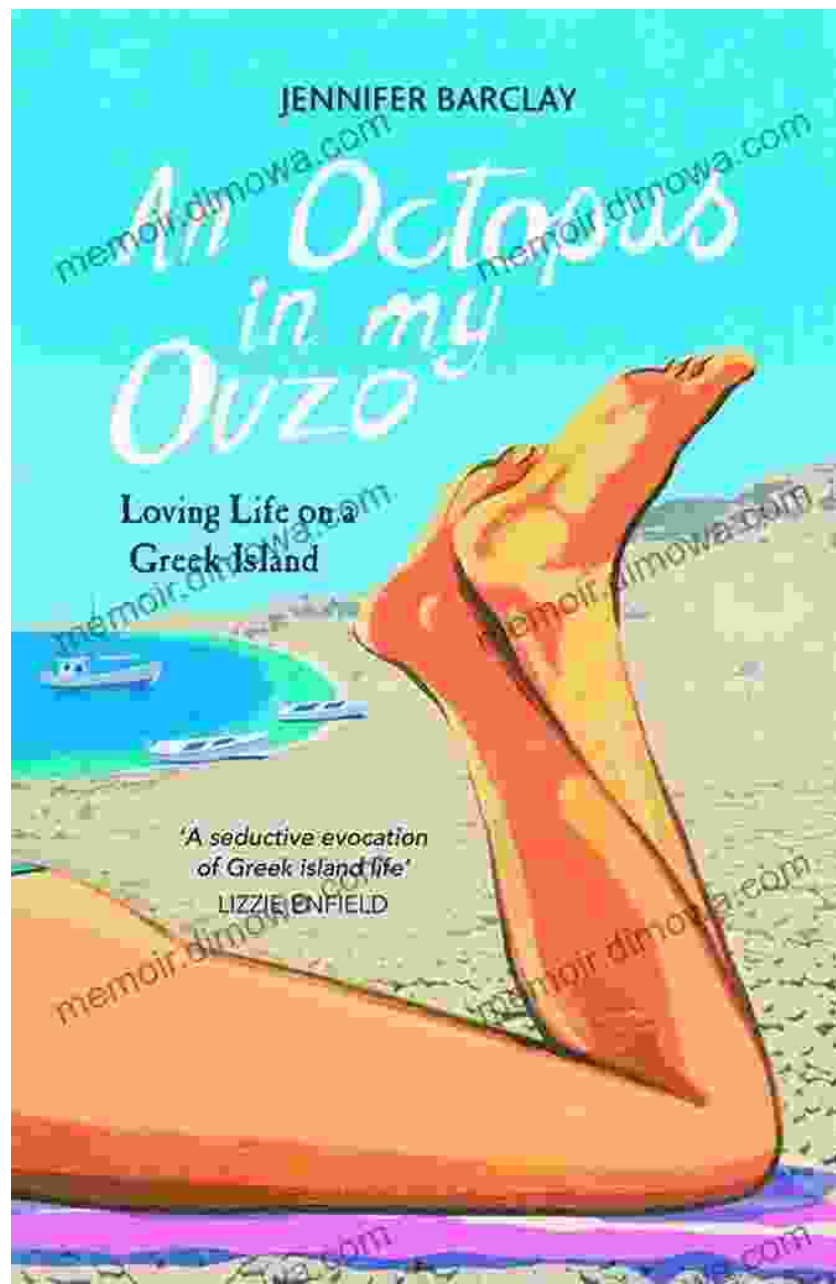


An Octopus in My Ouzo: A Culinary Adventure in Greece

By John Peter Zengerakis



An Octopus in my Ouzo: Loving Life on a Greek Island

by Jennifer Barclay



★ ★ ★ ★ ☆	4.4 out of 5
Language	: English
File size	: 759 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 358 pages
Lending	: Enabled



In his delightful and informative book, *An Octopus in My Ouzo*, author and food writer John Peter Zengerakis takes readers on a culinary adventure in Greece. Zengerakis, who has spent years exploring the country's diverse cuisine, shares his experiences with traditional dishes, modern interpretations, and the people who make Greek food so special.

The book is divided into four parts, each of which focuses on a different region of Greece. In the first part, Zengerakis explores the Peloponnese, a peninsula in southern Greece that is home to some of the country's most famous dishes, such as spanakopita (spinach pie) and moussaka (eggplant casserole). In the second part, he travels to the Cyclades, a group of islands in the Aegean Sea that are known for their fresh seafood and whitewashed villages. In the third part, he visits Crete, the largest island in Greece, which has a rich culinary tradition that has been influenced by both Greece and Turkey. And in the fourth part, he explores the Ionian Islands, a group of islands in the western part of Greece that are known for their lush vegetation and beautiful beaches.

Throughout the book, Zengerakis provides readers with a wealth of information about Greek cuisine, including its history, its ingredients, and its cooking techniques. He also includes recipes for some of his favorite dishes, such as grilled octopus, lamb chops with lemon and oregano, and baklava. These recipes are easy to follow and are sure to please even the most discerning palate.

An Octopus in My Ouzo is a must-read for anyone who loves to cook and eat. Zengerakis's writing is engaging and informative, and his photography is beautiful. This book is sure to inspire you to explore the wonderful world of Greek cuisine.

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