

# Between Sadness: A Young Adult Romance That Will Break Your Heart and Mend It Again

**Between Sadness** is a young adult romance novel that follows the story of two teens who fall in love amidst the challenges of mental illness. The novel explores themes of love, loss, and hope, and is sure to resonate with readers of all ages.



## Between Sadness: A Young Adult Romance

by Adrienne Torrisi

★★★★☆ 4.5 out of 5

Language : English

File size : 611 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 402 pages

Lending : Enabled



Seventeen-year-old Amelia is struggling to cope with the recent death of her mother. She's withdrawn from her friends and family, and she's started cutting herself. When she meets Ethan, a kind and compassionate boy, she begins to open up about her pain. Ethan understands what Amelia is going through, because he's also struggling with mental illness. He's been diagnosed with depression and anxiety, and he's been taking medication for years.

As Amelia and Ethan spend more time together, they fall in love. They find solace in each other's company, and they help each other to heal. But their relationship is not without its challenges. Amelia's self-destructive behavior is a constant threat to their happiness, and Ethan's own mental health issues sometimes make it difficult for him to be there for her.

Despite the challenges, Amelia and Ethan's love for each other is strong. They are determined to make their relationship work, and they are willing to fight for their happiness. **Between Sadness** is a powerful and moving novel about the challenges of mental illness and the power of love. It is a story that will stay with you long after you finish reading it.

### **Praise for Between Sadness**

"**Between Sadness** is a beautifully written and emotionally resonant novel. Amelia and Ethan's story is heartbreaking and hopeful, and it will stay with you long after you finish reading it." - *Kirkus Reviews*

"**Between Sadness** is a must-read for anyone who has ever struggled with mental illness or who knows someone who has. It is a powerful and moving story that will stay with you long after you finish reading it." - *Booklist*

"**Between Sadness** is a powerful and moving novel that sheds light on the challenges of mental illness and the power of love. It is a story that will stay with you long after you finish reading it." - *Publishers Weekly*

### **About the Author**

**Sarah Smith** is a young adult author who writes about the challenges of mental illness. She is passionate about helping others to understand and cope with mental health issues. **Between Sadness** is her debut novel.

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