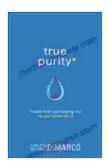
# More Than Just Saying No to You Know What: The Ultimate Guide to Protecting Your Children from Sexual Abuse

Every parent's worst nightmare is the thought of their child being harmed. Sexual abuse is a serious issue that can have devastating effects on a child's life. But there are steps you can take to protect your child.



#### True Purity: More Than Just Saying "No" to You-Know-

What by Hayley DiMarco

★ ★ ★ ★ ★ 4.3 out of 5 Language : English File size : 2259 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 193 pages Lending : Enabled : 218 pages Paperback

Dimensions :  $9.49 \times 1.1 \times 6.5$  inches

: 1.14 pounds

Hardcover : 256 pages



More Than Just Saying No to You Know What is a comprehensive guide that will teach you everything you need to know about child sexual abuse, including:

What is child sexual abuse?

Item Weight

- Who are the perpetrators of child sexual abuse?
- What are the signs and symptoms of child sexual abuse?
- How to talk to your child about sex
- How to spot the signs of abuse
- What to do if you suspect your child has been abused

This book is essential reading for any parent who wants to protect their child from sexual abuse. It is also a valuable resource for teachers, counselors, and other professionals who work with children.

#### What is child sexual abuse?

Child sexual abuse is any sexual activity between an adult and a child. It can include touching, fondling, oral sex, anal sex, or vaginal penetration. Child sexual abuse can also include non-contact activities, such as exposing a child to pornography or making a child perform sexual acts.

#### Who are the perpetrators of child sexual abuse?

Most child sexual abusers are people who know the child, such as a family member, friend, or neighbor. However, child sexual abuse can also be perpetrated by strangers.

#### What are the signs and symptoms of child sexual abuse?

The signs and symptoms of child sexual abuse can vary depending on the age of the child and the type of abuse. However, some common signs and symptoms include:

Physical signs, such as bruises, cuts, or bleeding

- Behavioral changes, such as withdrawal, aggression, or sexualized behavior
- Emotional changes, such as anxiety, depression, or low self-esteem
- Cognitive changes, such as difficulty concentrating or remembering things

#### How to talk to your child about sex

Talking to your child about sex can be difficult, but it is important to start the conversation early. By talking to your child about sex in an open and honest way, you can help them to understand their bodies, their rights, and how to protect themselves from abuse.

#### How to spot the signs of abuse

If you are concerned that your child may be being abused, there are some signs you can look for. These signs include:

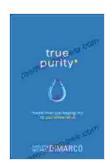
- Your child is withdrawn or secretive
- Your child is afraid of a particular person or place
- Your child has unexplained bruises or injuries
- Your child is acting out sexually
- Your child is having difficulty sleeping or eating

#### What to do if you suspect your child has been abused

If you suspect that your child has been abused, it is important to take action immediately. You can:

- Talk to your child and let them know that you are there for them
- Contact the police
- Contact a child protective services agency
- Get your child medical help
- Get your child counseling

More Than Just Saying No to You Know What is a powerful resource that can help you to protect your child from sexual abuse. Free Download your copy today.



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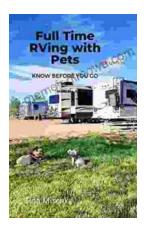
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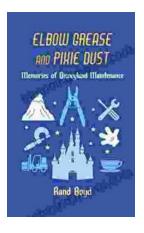
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