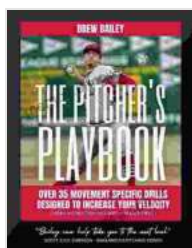


The Pitcher Playbook: The Ultimate Guide to Dominating the Mound

Are you ready to take your pitching to the next level? The Pitcher Playbook is the most comprehensive guide to pitching ever written. It covers everything from the basics of pitching mechanics to advanced strategies for getting hitters out.



The Pitcher's Playbook: Over 35 Movement Specific Drills Designed to Increase Your Velocity

by Rosemary Ellen Guiley

★★★★☆ 4.7 out of 5

Language : English

File size : 3966 KB

Text-to-Speech: Enabled

Word Wise : Enabled

Print length : 125 pages



Whether you're a beginner or a seasoned pro, this book will help you improve your pitching skills and become a more effective pitcher. Here's what you'll learn in The Pitcher Playbook:

- The fundamentals of pitching mechanics, including grip, arm action, and release point
- How to develop a variety of pitches, including fastballs, changeups, and breaking balls
- Strategies for sequencing your pitches and keeping hitters off balance

- How to pitch to different hitters, including left-handed and right-handed batters
- Mental strategies for staying focused and overcoming adversity

The Pitcher Playbook is packed with drills and exercises to help you improve your pitching skills. It also includes interviews with some of the greatest pitchers in baseball history, including Greg Maddux, Tom Glavine, and Pedro Martinez.

If you're serious about improving your pitching, The Pitcher Playbook is the only book you need. Free Download your copy today and start dominating the mound!

What Others Are Saying About The Pitcher Playbook

"The Pitcher Playbook is the most comprehensive guide to pitching I've ever read. It covers everything from the basics to advanced strategies, and it's written in a clear and concise style. I highly recommend this book to any pitcher who wants to improve their game." - Greg Maddux, Hall of Fame pitcher

"The Pitcher Playbook is a must-read for any pitcher who wants to take their game to the next level. It's packed with drills and exercises to help you improve your mechanics, and it also includes interviews with some of the greatest pitchers in baseball history. I highly recommend this book." - Tom Glavine, Hall of Fame pitcher

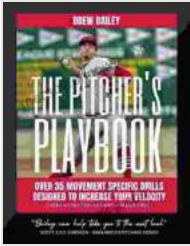
"The Pitcher Playbook is the best pitching book I've ever read. It's full of valuable information that can help pitchers of all levels improve their game.

I highly recommend this book to any pitcher who wants to be successful." -
Pedro Martinez, Hall of Fame pitcher

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